



Sheri McCutchen Abel

January 26, 1949 - June 22, 2018

June 22, 2018, Sheri McCutchen Abel went into the arms of the Lord. She passed peacefully and graciously surrounded by family and friends. Sheri was born in Wichita Falls, Texas, raised in Shreveport Louisiana and graduated in 1967 from Byrd High School. She graduated Cum Laude from Baylor University and remained a devoted Baylor Bear fan for life. Sheri taught second grade at Richardson Independent School District and then met the love of her life, John Abel. Sheri and John lived a full life in their God given 45 years. She was a dedicated wife, mother, and friend. Sheri was an angel among us, faithfully living her life as an example of Christ's love. She always found the positive in everyone she met. Negatives were not an option.

Her life was drastically changed because of her Myotonic Dystrophy, diagnosed in 2000. After a seriously disabling auto accident in May, 2014, she was in the hospital for 11 months. Sheri valiantly fought to overcome multiple injuries. She miraculously recovered in the first four months of 2015 after adverse circumstances caused by the accident. Sheri came home in May of 2015 after being in many rehab and hospital facilities. She had limited functions for the next three years. During these trying circumstances she never lost faith instead her faith grew.

I have fought the good fight, I have finished the race, I have kept the faith. (2 Timothy 4:7)

Sheri lived her life with grace and dignity.

She is survived by her loving husband, John Abel; her daughter, Sarah Zimmerman; her son, Derek Abel and his wife, Sara; her beloved grandchildren, Hailyn and Zander Zimmerman and Davis Abel; her brother, Bill McCutchen; her aunt, Jerry Kemp; and her cousin/sister, Kay Jackson.

A funeral service will be held at 10:00 a.m., Monday, June 25, 2018 in the chapel of Prestonwood Baptist Church, 6801 W. Park Blvd, Plano, Texas 75093. Interment will follow at Ridgeview Memorial Park, 2525 Central Expressway North, Allen, Texas 75013. The family will receive friends during a visitation on Sunday afternoon, June 24, 2018 from 2:00 p.m. until 4:00 p.m. at Turrentine-Jackson-Morrow Funeral Home, 2525 Central Expressway, North, Allen Texas.

The family would appreciate donations to the [Prestonwood Pregnancy Center](#) where she volunteered for several years.

Memorials

I was saddened to hear about Sheri. She had such a kind soul. My thoughts and prayers are with the family. I'm so sorry for your loss.

STACIE GRIFFIN, JUNE 25, 2018

Our thoughts and prayers are with all of the family at this time. We are so very sorry for your loss~ Cole, Kim & Nick Osborn

KIMBERLY OSBORN, JUNE 24, 2018

Sheri was a loving niece. She was special and my favorite niece!

JERRY KEMP, JUNE 24, 2018

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